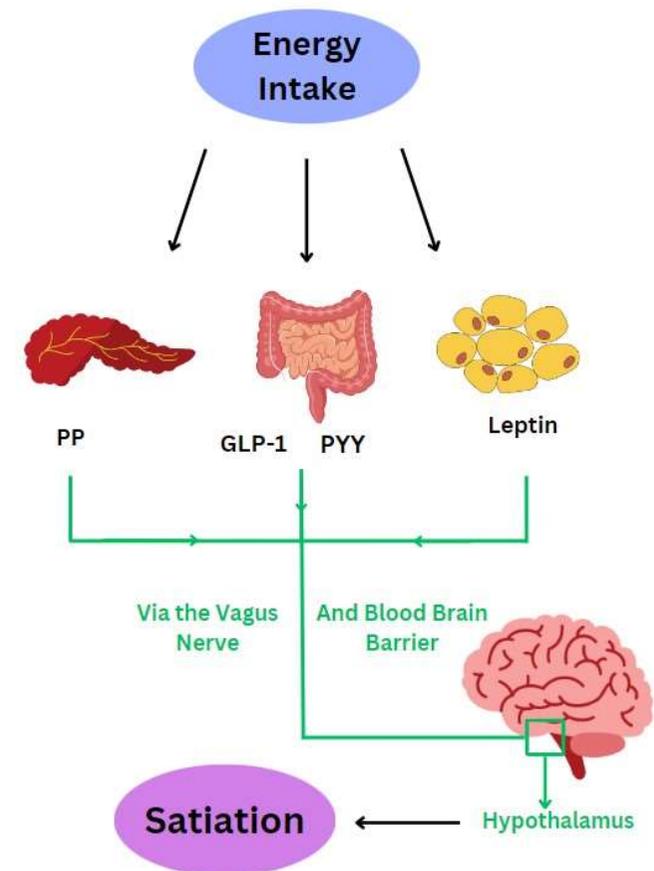


My Final Year Project

“The Interrelation Between Dietary Habits and Appetite Hormone Levels in Children”

- Appetite regulation and food intake are complex pathways.
- Determining how dietary habits can impact appetite-suppressing hormones in the younger population can provide an insight into long-term effective weight management.
- The results concluded that there is no significant association between dietary habits and appetite hormone levels, which highlights the need for this area to be explored in greater detail.



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