

Self-perceived nutrition competency and nutrition knowledge in medical students in Sligo University Hospital.

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Introduction:

- Malnutrition is a global burden.
- **10%** Irish Healthcare Cost.
- **<2 hours** of nutrition education.



Methods:

- Sligo University Hospital.
- **GNKQ** and **NUTCOMP Survey**.
- Analysed using **Excel** and **SPSS**.



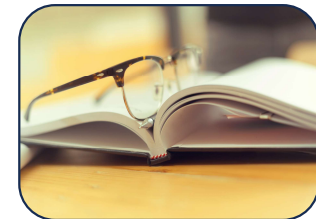
Results and Discussion:

- Significant **correlations** were found between aspects of **nutrition knowledge** and **nutrition confidence**.



Conclusion:

- **Nutrition knowledge** affects **confidence in nutrition**.
- Mandatory **nutrition education**.



How to Complete an Awesome Final Year Project.



Speak with your thesis supervisor and past students.



Spend time researching, there's no silly questions.